

CIVIL WAR DAY – BREAKFAST GRITS

(North and South)

2 1/2 cups - 2% milk
1/2 cup - quick-cooking grits
3 tablespoons- honey
1/2 teaspoon-salt

Add the milk, grits, honey, and salt to a saucepan. Over medium heat, bring mixture to a boil, stirring frequently. Once the mixture has reached boiling, lower the heat and cook, stirring frequently, for 8-10 minutes or until thickened. Serve warm.